

Beefmaster Breeders Cattlewomen

Quarterly Newsletter

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OFFICERS

President—

Cindy Emmons
emsranch@gmail.com

Vice-President -

Anita Dunkin
adunk56@gmail.com

Secretary/Treasurer -

Kathy Skinner
kskinner123@yahoo.com

Birthdays **Birthdays**

Melaine Hardwick 1/1
Bonnie Siddons 1/4
Margaret McManus 1/7
Judy Bell 1/12
Carol Craig 1/13
Sunnie Post 1/13
Rhonda Collier 1/20
Cindy Emmons 1/23
Mary Ann Skelton 2/1
Nancy Epley 2/5
Julie Buckner 2/13
Sheila Buckley 2/15
Kaye Fuller 3/3
Aimee Mitchell 3/11
Brenda Woelfel 3/13
Carolyn Wachsmann 3/16
Becky Dodd 3/24
Margie Lowery 3/24

NOTES FROM CINDY

2011 was a great year for the Beefmaster Breeders Cattlewomen. Membership numbers have been rising and we were able to give more donations than ever before. The following is a recap of our year.

In 2011, the BBC awarded three \$2000 college scholarships to deserving JBBA graduating seniors. The recipients of these scholarships were: Cody Markwood, Jacquelyn Cawley, and Carlos Charlie Cardenas, III. The BBC also donated \$3000 to the JBBA National Convention Banquet. As an added bonus in 2011, the BBC donated travel expense money to the JBBA public speaking winners to travel to the BBU Convention in San Marcos to give their speeches for the BBU luncheon. Those winners were: Brooks Eskew, Reese Tassin, Jr and Gabby Eskew. These talented young people definitely added a special touch to the luncheon and everyone enjoyed them immensely. Another donation made by the BBC was to the 2011

BBU Convention, which may I add was a tremendous success. Thanks so much to Marie and Bonnie for all their hard work. All of these contributions are made possible by the generosity of many BBU breeders. Our primary fundraiser is the "Scholarship Quilt." Quilt squares are sold to BBU breeders to comprise the quilt.



Then, the quilt is auctioned off the following year at the BBU Convention. Purchasers of the previous quilts are: Alma Harrod, Charles Hodges, Charles Dunkin, Carmen and Nick-ey Priola, Mike and Rhonda Collier, Charles and Sherry Landrum, Barney and Margie Lowery, Dalton and Kathy Skinner and Bill and Dusty Carr. This year's quilt was purchased by Andy and Kim Boudreau. Again in

2011, at the Carr Fall Sale, Dusty donated a beautiful print to be auctioned off for the BBC for JBBA scholarships. Mr. Lynn Struthoff, San Antonio, TX, purchased the print for \$5000. The generosity of both Dusty and Mr. Struthoff is greatly appreciated by the group. Our annual meeting was held at the BBU Convention in San Marcos, TX. A few new amendments were made to the By-Laws. An incredible Style Show was the hot topic of conversation, as well as the chair massages! A big "thank you" goes out to all the BBU breeders who have helped make the goals of the Cattlewomen become a reality. Young peoples' lives are being changed thanks to the support of BBC. Kathy, thanks for all the hard work you have done for the BBC. Anita, thanks for the great newsletter—we all enjoy it a lot.

I would like to wish everyone a Merry Christmas and Happy New Year.

May God truly bless,

Cindy

SOMEONE'S IN THE KITCHEN

BROCCOLI SALAD BY ANNETTE ROBBINS

1 head broccoli
10 slices crisp bacon
1 red onion
1/2 cup raisins

1 hour ahead prepare:
1 cup Mayo
2 tbsp white vinegar
1/2 cup sugar (may use
Splenda)

Salt and pepper Combine
and serve



CHOCOLATE CAKE BY RHONDA COLLIER

Preheat oven to 400 degrees

In a mixing bowl mix well:

2 cups sugar

2 cups flour

2 eggs

1/2 cup buttermilk to which you have added 1/2 tsp baking soda

While this mixture is blending, in a small sauce pan bring to boil:

3 tbsp cocoa (not heaping)

2 sticks melted butter

1 cup of water

When it comes to boil add to mixture and blend thoroughly

Pour in a 9 x 12 cake pan and bake for 25 - 30 minutes

Chocolate Icing

Bring to a boil:

3 tbsp. cocoa

1 stick melted butter

4 tbsp milk

Stir constantly so it will not scorch

Add to 1 box of confectioner's sugar and blend well. Add 1 tsp vanilla extract

You may have to add more powdered sugar for consistency. Spread on hot cake.

Enjoy!

It's a good
friend who
praises
you when
you aren't
there

SAUSAGE DIP BY SAUNDRA LIEKE

2 pkgs owens sausage
4 pkgs cream cheese soft-
ened
1 can rotel

Cook sausage, drain, mix
with cream cheese and
rotel.

Easy and very good.



COOKING TIPS

Tomatoes added to roasts will help tenderize them naturally. Tomatoes contain an acid that works to break down meats.

A leaf of lettuce dropped into the pot absorbs the grease from the top of the soup. Remove the lettuce and throw away.

Add a lump of butter or a few teaspoons of cooking oil to water. Rice, noodles and spaghetti will not boil over or stick together.

When milk is used in making bread, you get a finer texture. Water makes a coarser bread.

CARES, CONCERNS AND PRAYER REQUESTS

(please contact Anita Dunkin with additional prayer requests)

Pray for rain to continue in Texas and other states suffering from drought

Pray for military personnel and their families during this holiday season

Pray for our nation's leaders that their decisions are led by God and in the best interest of our country

Pray for all the law enforcement officers, fireman and first responders

Pray for farmers and ranchers who are struggling financially and emotionally during these hard times

Pray for Bill Lunsford (Anita Dunkin's father) recently hospitalized and in failing health

Pray for family of Gene Kuykendall after his recent passing

Pray for family of Gail Burnette (A&G Farms) for her recent passing

Pray for family of Jerry Orr after his passing

Pray for family of Frank Stewart after his passing

Pray for family of Don Fields after his passing

Pray for family of Donald "Peanut" Cain after his passing

Pray for family of Bobby Straub from Arizona

Pray for family of Glenn Tucker from Groesbeck after his passing

Pray for Michael Buckley. He was in a car accident and had a punctured lung and ruptured spleen but is on the mend

Pray for Bub Epley to fully recover from his recent surgeries

**The art of
living lies in a
fine mingling
of letting go
and holding
on**



MEET THE MEMBERS

Sara Alicia Cantu is the daughter of Dario and Elma Trevino. She was born and raised in Roma, Texas. After graduating from Roma High School in 1988, she attended school in San Marcos at Southwest Texas State University. She received a Bachelor of Science degree in Home Economics. In 1994 she married her high school sweetheart, Norberto Cantu, Jr. At that time he was attending Dental School at Marquette University, in Milwaukee Wisconsin. During the four years in Wisconsin she worked for the Hispanic Center of Excellence at Marquette's Dental School. They were also blessed with the birth of Victoria Alicia and Norberto III. In

1998, they moved back home and began a dental practice in Rio Grande City. She started working at South Texas Community College, as Program Coordinator for the Upward Bound program. In 2000 she gave birth to their third child Nicholas and decided to become a stay-at-home mom. She soon went back to work to help Norberto with his growing practice. A second clinic was established in Roma, and their fourth child Carolina was on the way, the business and family grew. Sara's father, Dario had a 40-acre ranch 9 miles north of Rio Grande City with a small Beefmaster herd. Norberto and Sara spent a lot of time with him at the ranch and fell in love with the

Beefmaster cattle! They purchased the 40 acres plus an additional 60 acres in order to build their dream home and begin breeding their own cattle. They attended their first auction in 2010, The Buccaneer Classic in Corpus Christi, Texas where they purchased their first heifer. Since then, they have attended several auctions and have had the pleasure of meeting several of the breeders. Sara has been very supportive in Norberto's endeavors and has had the opportunity to make good friends and feels she is part of the Beefmaster family! In her spare time Sara enjoys traveling with her family, shopping with her girls, and watching her boys play baseball.



MEET THE MEMBERS

IF YOU ARE
YEARNING FOR
THE "GOOD OLD
DAYS" JUST
TURN OFF YOUR
AIR
CONDITIONER.
IT WORKS
EVERY TIME.

Kim Boudreau was born in Fort Frances, Ontario, Canada. Her family moved along the shores of the Great Lakes from Thunder Bay to Espanola and throughout her childhood and early teens, Kim spent as much time as she could in the outdoors where she loved to ice skate, snow ski, toboggan, and build "igloos" in snow banks during the long cold winters. Summers would find her swimming, hiking, biking, boating and staying for days at a lake-side cabin. In her mid-teens, the family packed up and moved to Beaumont, Texas where Kim's father had accepted a new position in the pulp and paper industry. That proved, in time, to be a good move because shortly thereafter Kim became acquainted with Andy Boudreau who would, several years later, become the love of her life and husband. The down side to that move was leaving behind her very, large extended family which included an aunt three years older, an uncle one year older, and another uncle two years younger! Kim continues to maintain contact with a vast array of her Canadian cousins and calls her sister, Greta, three to four times a week. In 1998 Kim was thrilled to attend the 150th anniversary celebration of her great grandparents homestead in Ontario. On another

level, Kim has maintained an on-going love of learning, and as a result, has enjoyed a long and varied professional career. Kim found great joy in public school education as a classroom teacher, school psychologist and school administrator. For the past decade plus, Kim has been licensed as a Marriage and Family Therapist in group practice and in private practice as a psychotherapist. She has also worked as an adjunct professor at the University of St. Thomas in Houston in Teacher Supervision and ultimately, back to her first career love in Counselor Supervision. Special highlights of this four decade career include numerous opportunities to supervise and mentor prospective teachers, co-designing and assisting in the successful implementation of a new counseling program for children in twenty-two elementary schools, being on the "ground floor" for creating specially designed programs for Gifted and Talented learners and "last, but certainly not least, the fifth grade teacher of coach Bum Phillip's daughter!" Kim has many interesting classroom stories to share which she calls "lessons learned the hard way" and are each an education in themselves. Throughout their forty-nine years of marriage,

Kim and Andy recall many global travels as well as national trips to the Pacific Northwest, the Smokey Mountains and Ashville, N.C. Kim's interests and hobbies include Sudoku puzzles, collecting and reading non-fiction books, her summer and winter herb garden, a tomato crop in the summer, her fluffy yellow cat, Barney, the birds at the feeders and bird baths and all things nature including "Percy", her abundant fruit bearing persimmon tree, and "Arby", the bird's favorite live oak. Today, Kim and Andy reside in Richmond, Texas and are big fans of their Beefmaster herd, Beefmaster sales and socials and most importantly, the many friends made throughout the past twenty plus years as Beefmaster breeders. The Boudreaus purchased the 2011 Cattlewomen Scholarship Quilt and have supported the Cattlewomen for many years but Kim is most proud of the title Andy gave her, "Favorite Ranch Hand".

HEARING FROM GOD



Then God said, "Let the land produce vegetation: seed-bearing plants and trees on the land that bear fruit with seed in it, according to their various kinds". And it was so. Genesis 1:11

Thought this was appropriate with the recent rain sent by God. We are so very thankful

MISSION STATEMENT

Beefmaster Breeders Cattlemen is "organized exclusively for charitable, and educational purposes, such as to assist the Beefmaster Breeders United in the promotion of the Beefmaster breed of cattle, to educate the public to the merits of the breed, assist in Junior Beefmaster Breeders As-

Ladies: This is your newsletter and we sure could use your participation and help. Please send recipes and any news items to Anita at adunk56@gmail.com

Check us out at :

www.beefmasters.org/cattlemen.html



A BIT OF AG NEWS

Monitor your cattle's water quality heading into winter months

Kansas State University Extension | Updated: December 1, 2011

K-State beef veterinarian Larry Hollis advises cattle producers to be wary of the quality of water cattle are consuming from drawn-down ponds this winter. Some of the same issues with shallow ponds that turned up during the drought this past summer could still be lingering there.

Merry

Christmas


HAPPY NEW YEAR


A special thanks to Roger Fuller for Photos and technical assistance and to Jim Dunkin for technical assistance